

## **Magic Magnetic Circle**

By Dr. Anne Marie Evers

*Affirmations Passport to Happiness*

Upon getting up in the morning:

1. Clear and calm your mind with Deepak Chopra's meditation (another handout).
2. Forgive anything unforgiven.
3. Stand facing a window – slowly turning from clockwise with arms outstretched, ***Claim Your Power and Command Your Creation by affirming:***

*"I \_\_\_\_\_, now magnetize into my Magic Magnetic Circle (aura) peace, joy, love, health, prosperity and happiness to myself, which extends to everyone I meet. (Add your personal requests here, such as your desire for a loving, happy relationship, perfect career, money, expanded heart center – anything you desire.) We are happy, to the good of all parties concerned. Thank you, thank you, thank you."*

### **Short-form affirmation:**

*"I am full of powerful, positive magnetism!"*

You may rewrite the affirmation to resonate with you in the strongest possible way.