

the GAME of LIFE Mastery Program

ENERGY LEAKS

1. Worrying How – When you decide you want to create something new and different in your life, your first human instinct is to wonder and worry about “HOW” you’re going to make it happen. The “how” isn’t your job. Your job is to “DECIDE” what it is you want to be, do or have, step into a “Full Body Yes!” energy - stay in that energy and take any action steps you're guided to take to manifest your desire as your reality. It's the job of the universe as to “how” your desire comes to fruition.

2. Not knowing or claiming the energy of your desired outcome – Many times you decide you want something different in your life, but you never take it further to decide what you want FEELS like. Now you know "What it Feels Like Energy" is the key to Mastering Creation.

3. Settling for what you think you can have instead of holding out for what you want – If you can dream of having, being or doing something with a thrill of joy and pleasure that receiving what you want gives you, then it is in your awareness and is already made manifest on a higher plane of existence and has your name on it. If you settle for what you think you can have, you will forever be unfulfilled in that area of your life.

4. Being wishy/washy when deciding what you want to create – When it comes to changing your life sometimes you're afraid to make a final decision about what you want, so you don't and of course, you don't get what you want.

5. Worrying about what others think – YOU are the only one doing the breathing in your body, so you are the only one who can decide what is of your highest good. It may not align with what others want for you or think is best for you. Be true to the energy of your Authentic Self and the universe will fully support you to create your desires as your reality.

Note: Claim the desire of your heart or better and use Dr. Anne Marie Evers' "Safety Clause" for the highest good of all!

6. Ignoring and/or not trusting your Intuitive Guidance – You have intuition – the guidance within you that is a direct line to your higher self and universal wisdom. You have it - its yours – use it and FEARLESSLY take the action steps you are guided to take.

7. Comparing yourself to others, then feeling despair – Deepak Chopra teaches in his book, *The Seven Spiritual Laws of Success* to "Bless those who have something you want to have for yourself to *Have-More!*"